

1993 Kingston Triathlon

RA	Cat	Finish	Bib	Surname	Firstname	City	Cat	Pos	Swim	Pos	Bike	Pos	Run
1	1	02:49:06	1	MACCORQUODALE	DON	Mississauga	MA	6	00:27:41	4	01:25:48	5	00:55:38
2	1	02:51:34	5	BROWN	RICHARD	Toronto	MB	2	00:27:29	5	01:25:57	13	00:58:08
3	1	02:51:53	20	MAGOR	GRAEME	Markdale	MD	31	00:31:12	3	01:25:47	4	00:54:54
4	1	02:52:04	22	WILSON	IAN	Peterborough	MC	17	00:29:08	13	01:29:27	1	00:53:30
5	2	02:52:04	3	TABOREK	BRIAN	Etobicoke	MB	5	00:27:38	14	01:29:45	3	00:54:41
6	3	02:54:28	10	MERKER	STEVE	Bramalea	MB	1	00:23:25	10	01:28:30	35	01:02:33
7	2	02:54:36	9	LANG	TIM	Ottawa	MC	10	00:27:57	17	01:30:31	7	00:56:09
8	4	02:54:55	4	BENTLEY	STEVEN	Brampton	MB	26	00:30:43	9	01:28:26	6	00:55:46
9	2	02:55:53	8	MYATT	JAY	London	MA	28	00:31:02	6	01:26:18	15	00:58:33
10	3	02:56:51	510	ALBERTI	LASZLO	Ottawa	MA	13	00:28:31	12	01:28:59	20	00:59:20
11	4	02:57:29	29	SMITH	ED	Ottawa	MA	24	00:30:35	7	01:27:12	21	00:59:41
12	3	02:57:38	512	PELLETIER	MARC	Ottawa	MC	15	00:29:01	22	01:31:32	10	00:57:04
13	5	02:58:23	18	ALLAIRE	FRANCOIS	Hull	MA	25	00:30:38	8	01:27:58	22	00:59:47
14	1	02:58:26	655	SPLASH	CRASH AND DASH		TO	19	00:30:07	40	01:34:34	2	00:53:45
15	4	02:58:50	197	GODBOUT	JOHN	Toronto	MC	21	00:30:29	25	01:31:49	8	00:56:32
16	1	02:59:30	6	PAUL	DEVASHISH	Ottawa	MJ	18	00:29:42	20	01:30:59	17	00:58:49
17	2	02:59:42	297	RAYMOND	M.	C.F.B. Ottawa	MJ	11	00:28:02	23	01:31:42	23	00:59:58
18	5	03:00:01	200	ZAGAR	PETER	Brampton	MC					9	00:56:53
19	2	03:00:39	24	VARCOE	ROBERT	Ottawa	MD	52	00:32:26	16	01:30:01	14	00:58:11
20	1	03:00:48	678	Just For Fun			TM	16	00:29:03	2	01:24:36	67	01:07:08
21	5	03:02:29	210	GILL	MICHEAL	Toronto	MB	20	00:30:28	15	01:29:57	31	01:02:04
22	6	03:04:14	63	GOW	RON	Peterborough	MC	41	00:31:48	21	01:31:22	25	01:01:04
23	6	03:04:26	139	PETERS	KAY	Mississauga	MB	43	00:31:55	27	01:32:22	24	01:00:09
24	7	03:05:04	108	SARGEANT	ROB	Toronto	MB	23	00:30:31	24	01:31:47	37	01:02:45
		03:05:40	30	RUDOLPH	PAUL	Oakville	MA	60	00:33:15	11	01:28:43	49	01:03:42
26	1	03:06:42	11	DONNELLY	SHARON	Ottawa	FJ	7	00:27:43	61	01:37:43	27	01:01:15
27	3	03:06:49	265	OKEEFE	T.	C.F.B. Cold Lak	MJ	66	00:33:30	41	01:34:37	16	00:58:41
28	7	03:07:15	31	MORGAN	CLIVE	Yarker	MC	9	00:27:54	29	01:33:04	64	01:06:17
29	3	03:07:18	211	MORRIS	JEFF	North York	MD	71	00:33:51	36	01:34:12	19	00:59:15
30	8	03:07:20	201	CAPELLO	GREG	Ottawa	MC	73	00:34:04	37	01:34:14	18	00:59:02
31	9	03:07:28	182	DAVIES	ERIC	Kingston	MC	35	00:31:34	33	01:33:53	30	01:02:01
32	10	03:08:35	221	CAMPION	CARL	Peterborough	MC	105	00:36:58	35	01:34:04	11	00:57:33
33	1	03:10:52	21	HAAGMANS	KIM	Oshawa	FB	3	00:27:37	39	01:34:33	85	01:08:42
34	1	03:12:02	260	HARRIS	BOB	Gloucester	MK	37	00:31:38	49	01:35:57	52	01:04:28
35	8	03:12:08	184	ALLAN	STEPHAN	Etobicoke	MB	45	00:31:58	34	01:33:57	63	01:06:13
36	1	03:13:10	96	BURROWS	STEVE	Orillia	ME	131	00:39:09	48	01:35:53	12	00:58:08
37	4	03:13:33	90	D'ARRAS	ROBERT	Ottawa	MD	72	00:34:02	62	01:37:54	28	01:01:36
38	2	03:14:59	16	WALSH	LAURA	Toronto	FB	53	00:32:45	65	01:38:33	48	01:03:41
39	9	03:15:32	219	DAVIES	MARK	Toronto	MB	36	00:31:35	70	01:39:05	53	01:04:53
40	11	03:15:43	186	AUDREY	PAUL	Hull	MC	69	00:33:46	74	01:39:38	33	01:02:19
41	5	03:16:10	508	PLUG	HANS	Kanata	MD	8	00:27:48	32	01:33:46	141	01:14:36
42	10	03:16:22	151	LEITCH	BRENDAN	Ottawa	MB	12	00:28:20	104	01:43:04	55	01:04:58
43	2	03:16:23	676	GOOD	BAD, UGLY		TO	102	00:36:54	50	01:35:58	44	01:03:31
44	11	03:16:26	50	TYSHENKO	MICHAEL	Kingston	MB	55	00:33:06	26	01:32:13	108	01:11:08
45	12	03:16:44	40	MILLER	BILL	Sudbury	MC	122	00:38:10	44	01:35:16	43	01:03:18
46	6	03:16:55	28	GILBERT	DANIEL	Chateauguay	MD	85	00:34:42	19	01:30:55	109	01:11:18
47	13	03:17:05	46	SIRRS	REID	Ottawa	MC	34	00:31:30	64	01:38:21	70	01:07:14
48	12	03:17:16	76	HEINLE	ACHIM	Brampton	MB	48	00:32:05	43	01:34:54	94	01:10:17
49	7	03:17:46	54	MONROE	PAUL	Kingston	MD	154	00:40:14	38	01:34:31	39	01:03:01
		03:17:47	17	MCKAY	SHELLEY	Ottawa	FB	93	00:35:05	47	01:35:31	69	01:07:11
		03:18:14	84	GREEN	RICK	Kitchener	MD	70	00:33:50	85	01:41:16	40	01:03:09
52	13	03:18:32	145	MARCOTTE	NORMAN	Kingston	MB	108	00:37:03	71	01:39:17	32	01:02:12
53	2	03:18:42	299	SCHNARE	L.W.	C.F.B. Ottawa	MK	68	00:33:44	57	01:37:10	78	01:07:47
54	14	03:18:47	86	HEMMING	PAUL	Ottawa	MB	77	00:34:19	56	01:37:03	73	01:07:25
55	9	03:19:03	25	IRWIN	RAY	North Bay	MD	127	00:38:45	42	01:34:51	58	01:05:27

## 1993 Kingston Triathlon

O/A	Cat	Finish	Bib	Surname	Firstname	City	Cat	Pos	Swim	Pos	Bike	Pos	Run
56	15	03:19:16	141	BLADON	IAN	London	MB	121	00:38:07	58	01:37:30	46	01:03:38
57	16	03:19:46	515	BODDEN	JAMES	Hamilton	MB	64	00:33:26	60	01:37:38	83	01:08:42
58	2	03:20:00	35	BARBEE	VINCENT	Toronto	ME	168	00:41:00	28	01:32:35	65	01:06:26
59	14	03:20:02	205	SIMS	CHRIS	Nepean	MC	115	00:37:20	67	01:39:03	47	01:03:38
60	4	03:20:21	168	LEWIS	JEFF	Kingston	MJ	81	00:34:32	30	01:33:32	117	01:12:17
61	2	03:20:45	661	MELVIN/STE-MARIE/ROD			TM	135	00:39:20				
62	1	03:21:05	173	CHIASSON	BOB	Ottawa	MG	63	00:33:26	107	01:43:12	50	01:04:27
63	10	03:21:15	220	SCHIFF	MICHAEL	Toronto	MD	29	00:31:09	81	01:40:15	90	01:09:51
64	15	03:21:44	57	BRUCE	DOUG	East York	MC	80	00:34:31	89	01:41:45	59	01:05:28
65	5	03:21:50	278	RECHNITZER	E.	C.F.B. NDHQ	MJ	39	00:31:42	59	01:37:35	118	01:12:34
66	17	03:22:15	511	CARROLE	RICHARD	Ottawa	MB	14	00:28:53	55	01:37:00	155	01:16:22
67	11	03:22:41	124	GORE	CHRIS	Sudbury	MD	153	00:40:11	53	01:36:20	62	01:06:10
68	18	03:22:49	193	CORNELIUS	KEN	Bowmanville	MB	87	00:34:47	73	01:39:33	80	01:08:29
69	3	03:23:11	48	TRANMER	GARY	Kingston	ME	27	00:30:59	51	01:36:19	151	01:15:53
70	3	03:23:21	289	GIRARD	J.	C.F.B. St.-Jean	MK	195	00:43:49				
71	19	03:23:25	160	ELMALEH	GILBERT	Thornhill	MB	107	00:37:02	92	01:41:56	51	01:04:28
72	7	03:23:43	196	ROY	MARC	Hammond	MA	46	00:31:59	31	01:33:36	171	01:18:09
73	12	03:24:07	222	McCLINTOCK	DAVID	Ottawa	MD	130	00:39:07	79	01:40:00	56	01:05:00
74	13	03:24:13	171	BAKER	RANDY	North York	MD	82	00:34:34	95	01:42:10	75	01:07:28
75	6	03:24:27	286	LAWLESS	G.	C.F.B. St.-Jean	MJ	22	00:30:31	103	01:43:02	106	01:10:54
76	8	03:24:27	144	WARRILLOW	JOHN	Toronto	MA	54	00:32:48	87	01:41:28	93	01:10:12
77	1	03:24:59	654	SPIN DOCTORS			TN	57	00:33:09	123	01:44:18	76	01:07:31
78	20	03:25:23	147	CRAWFORD	STEPHEN	Kanata	MB	84	00:34:40	52	01:36:20	138	01:14:23
79	16	03:26:11	128	DOMBROSKI	RANDY	Kitchener	MC	188	00:43:14	77	01:39:48	42	01:03:10
80	21	03:26:12	116	FLETCHER	AUBREY	Kingston	MB	116	00:37:25	66	01:38:43	92	01:10:05
81	17	03:26:39	216	THEXTON	KENT	Unionville	MC	106	00:36:59	93	01:42:03	77	01:07:37
82	3	03:26:59	677	TEAM X-L MISSISSAUGA			TO	110	00:37:08	45	01:35:18	139	01:14:33
83	9	03:27:00	102	ANDERSON	GRAHAM	Mississauga	MA	90	00:34:59	88	01:41:31	98	01:10:30
84	7	03:27:16	282	CAREY		C.F.B. Halifax	MJ	61	00:33:20	137	01:45:57	79	01:08:00
85	18	03:27:18	174	JOWETT	DOUG	London	MC	88	00:34:50	76	01:39:40	122	01:12:47
86	10	03:27:19	131	SCHOENHARDT	BILLY	Dundas	MA	59	00:33:11	110	01:43:29	101	01:10:39
87	19	03:27:40	39	HINTON	STEPHEN	Kingston	MC	79	00:34:23	102	01:42:58	96	01:10:18
88	11	03:28:08	14	TAN	JENS	Willowdale	MA	99	00:36:15	82	01:40:18	111	01:11:35
89	12	03:28:14	73	PAQUETTE	SCOTT	Kingston	MA	42	00:31:54	134	01:45:24	107	01:10:56
90	4	03:28:23	191	HICKS	TERRY	Ottawa	ME	163	00:40:51	54	01:36:50	102	01:10:42
91	22	03:28:37	175	BIRCHARD	ANDREW	Belleville	MB	50	00:32:12	109	01:43:23	124	01:13:02
92	1	03:28:46	23	MACDOWELL	JENNIFER	Ottawa	FD	136	00:39:21	84	01:40:50	82	01:08:35
93	4	03:28:55	664	TEAM CLIFF			TO	219	00:46:31	80	01:40:01	34	01:02:23
94	20	03:29:04	52	WEBER	CARL	Kingston	MC	132	00:39:10	98	01:42:36	71	01:07:17
95	4	03:29:22	203	BERGERON	ERIC	Treton	MK	113	00:37:17	83	01:40:44	110	01:11:21
96	4	03:29:50	166	SCHEFTER	TRACEY	Kingston	FB					88	01:09:18
97	1	03:30:16	38	COLLINS	TOM	London	MH	123	00:38:26	63	01:37:59	129	01:13:51
98	8	03:31:29	267	TESSIER	J.	C.F.B. Bagotvil	MJ	151	00:40:07	133	01:45:22	61	01:06:01
99	5	03:31:30	675	ALMOST FIRST			TO	202	00:44:28	111	01:43:30	45	01:03:32
100	23	03:31:40	207	THEILE	GREGORY	Belleville	MB	101	00:36:52	125	01:44:26	97	01:10:22
101	3	03:31:42	667	KELLY'S HEROES			TM	146	00:39:49				
102	21	03:32:46	79	LAFRANCE	LAWRENCE	Orillia	MC	49	00:32:09	75	01:39:39	187	01:20:59
103	5	03:32:56	91	SULLIVAN	KEN	Markham	ME	138	00:39:26	146	01:46:43	66	01:06:48
104	2	03:33:16	264	BAILLON	S.	C.F.B. Cold Lak	FJ	192	00:43:33	115	01:43:47	60	01:05:55
105	5	03:34:29	100	HAWLEY	JULIA	Somerset	FB	94	00:35:11	122	01:44:18	142	01:15:00
106	6	03:34:36	669	HEINTZ 57			TO	30	00:31:12	159	01:48:14	145	01:15:10
107	14	03:34:48	505	PADILLA	ALBERTO	Ottawa	MD	133	00:39:13	86	01:41:17	136	01:14:18
108	22	03:35:07	71	GRUNDY	STEVE	St. Catherines	MC	120	00:37:53	101	01:42:41	140	01:14:33
109	9	03:35:08	271	SALVI	J.	C.F.B. Valcarti	MJ	96	00:35:42	131	01:45:09	135	01:14:17
110	13	03:35:13	159	BARON	SIMON	Huntsville	MA	111	00:37:09	166	01:49:20	86	01:08:44

1993 Kingston Triathlon -- Long Course

O/A	Cat	Finish	Bib	Surname	Firstname	City	Cat	Pos	Swim	Pos	Bike	Pos	Run
1..	7	03:35:16	652	KIBBLE + BITS			TO	181	00:42:52	131	01:45:15	67	01:07:08
112	10	03:35:42	281	TAYLOR	M.	C.F.B. Halifax	MJ	235	00:47:31	107	01:43:17	53	01:04:54
113	14	03:35:45	80	CLARK	ERIC	Kingston	MA	116	00:37:25	213	01:55:37	35	01:02:42
114	23	03:35:57	170	POWELL	STEVE	Kingston	MC	113	00:37:19	125	01:44:48	126	01:13:51
115	24	03:36:07	152	BECHARD	TIM	Kingston	MB	251	00:51:02	115	01:43:52	25	01:01:13
116	15	03:36:19	198	PITT	DEREK	Kitchener	MD	66	00:33:37	18	01:30:44	251	01:31:58
117	1	03:36:39	155	PROULX	RANDY	Ingersoll	MF	248	00:50:06	126	01:44:48	28	01:01:45
118	8	03:36:42	670	GIBSON/BROWN/SELMAN			TO	174	00:42:01	68	01:39:04	147	01:15:37
119	2	03:36:49	105	KLASCHKA	GUNTHER	Kingston	MH	186	00:43:07	77	01:39:50	127	01:13:51
120	9	03:37:48	672	BEST OF THE 20'S 30'			TO	61	00:33:24	98	01:42:38	194	01:21:46
121	5	03:38:07	266	THORNTON		C.F.B. Cold Lak	MK	205	00:44:44	127	01:44:51	80	01:08:32
122	6	03:38:08	74	MICHAEL	TIM	Burlington	ME	167	00:40:58	120	01:44:18	122	01:12:52
123	2	03:38:27	500	BUECHNER	UDO	Dollard des Orm	MG	125	00:38:37	99	01:42:39	160	01:17:11
124	2	03:38:30	132	JOHANNSEN	SHIRLEY	Old Chelsea	FD	43	00:31:56	200	01:53:56	119	01:12:38
125	10	03:38:33	651	PRINCE EDWARD TRACK		Picton	TO	185	00:43:06	128	01:44:55	98	01:10:32
126	1	03:38:49	262	KAVANAGH	M.	C.F.B. Borden	FK	145	00:39:47	157	01:48:11	103	01:10:51
127	3	03:39:05	78	CRONE	DON	Unionville	MG	118	00:37:49	116	01:43:53	162	01:17:23
128	11	03:39:12	162	MINICUCCI	BEN	Kingston	MJ	187	00:43:09	93	01:42:05	130	01:13:58
129	11	03:39:42	657	TEAM BOYD/COLDEN			TO	141	00:39:31	95	01:42:14	169	01:17:57
130	1	03:39:54	15	RYNBEEK	JUDY	Whitby	FC	39	00:31:43	147	01:47:05	187	01:21:05
131	16	03:40:00	167	WALL	DAVE	Kingston	MD	178	00:42:43	104	01:43:06	133	01:14:11
132	15	03:40:13	77	JURICEVIC	ROBERT	Foxboro	MA	108	00:37:04	149	01:47:14	152	01:15:55
133	25	03:40:14	224	JUDD	PETER	Scarborough	MB	32	00:31:22	176	01:50:25	174	01:18:27
134	24	03:40:37	104	FABBRI	JOE	Richmond Hill	MC	88	00:34:52	89	01:41:50	209	01:23:55
135	12	03:40:58	270	WAWRYCHUK	W.	C.F.B. Shilo	MJ	111	00:37:12	137	01:46:01	168	01:17:45
1	3	03:41:02	283	MOORE		C.F.B. Halifax	FJ	85	00:34:43	212	01:55:28	104	01:10:52
137	25	03:41:16	178	LEAZIN	DAVE	Ottawa	MC	139	00:39:28	138	01:46:01	148	01:15:46
138	16	03:41:18	202	HEARN	DON	Toronto	MA	158	00:40:36	67	01:39:04	191	01:21:38
139	26	03:41:33	142	WHELAN	GREG	Hamilton	MB	82	00:34:35	119	01:44:12	199	01:22:46
140	17	03:41:40	226	COUNSELL	MARK	Kingston	MA	55	00:33:08	151	01:47:44	184	01:20:48
141	12	03:41:49	653	SHANNON'S CANNONS			TO	236	00:47:46	96	01:42:20	111	01:11:43
142	27	03:42:10	19	THOMPSON DOUGLAS		Brampton	MB	4	00:27:38	113	01:43:42	246	01:30:50
143	18	03:42:34	177	MORRIS	DWAYNE KEVIN	Kingston	MA	142	00:39:35	144	01:46:32	155	01:16:26
144	26	03:42:36	164	MORRIS	TODD	Kingston	MC	196	00:44:02	170	01:49:52	83	01:08:42
145	17	03:42:54	70	ROWSELL	ALLAN	Oshawa	MD	149	00:40:00	142	01:46:24	157	01:16:30
146	2	03:42:55	53	O'CALLAGHAN	MORRIS D.	Ottawa	MF	57	00:33:10	186	01:52:13	163	01:17:32
147	27	03:43:14	42	RICE	J. PAUL	Toronto	MC	179	00:42:48	139	01:46:07	136	01:14:19
148	18	03:43:16	88	BENAK	THOMAS	Gloucester	MD	172	00:41:48	141	01:46:22	142	01:15:06
149	28	03:43:21	75	SCHEIDL	JERRY	Carleton Place	MB	164	00:40:53	161	01:48:29	131	01:13:59
150	19	03:43:29	223	HUNTER	DARREN	Toronto	MA	161	00:40:49				
151	2	03:44:05	656	LAND + SCOTT			TN	177	00:42:19	228	01:58:46	37	01:03:01
152	1	03:44:18	143	GARZON	MARCELA	Huntsville	FA	64	00:33:27	171	01:50:09	183	01:20:42
153	13	03:44:20	663	Y-TRI			TO	259	00:51:33	1	01:23:50	239	01:28:57
154	14	03:44:25	659	TRIPLE THREAT			TO	46	00:32:01	217	01:56:32	149	01:15:52
155	13	03:44:48	296	BOURGOIS	M.	C.F.B. Ottawa	MJ	91	00:35:01	140	01:46:10	206	01:23:38
156	7	03:44:52	161	HARRISON	KEN	Orillia	ME	150	00:40:03	71	01:39:21	218	01:25:29
157	3	03:44:56	107	ROTHWELL	BILL	Scarboro	MF	183	00:43:00	205	01:54:31	71	01:07:25
158	29	03:45:03	192	LAVIS	SPENCER	Aurora	MB	198	00:44:06	111	01:43:37	161	01:17:20
159	30	03:45:16	101	FAVERI	TIM	Toronto	MB	213	00:45:22	118	01:43:59	151	01:15:55
160	19	03:45:43	156	SPIELVOGEL	DAVE	Scarborough	MD	242	00:49:19	143	01:46:24	90	01:10:00
1	14	03:45:50	298	MCLELLAN		C.F.B. Kingston	MJ	94	00:35:14	232	02:00:19	94	01:10:17
162	20	03:46:10	230	MURRAY	JIM	Gananoque	MD	102	00:36:56	155	01:48:04	189	01:21:11
163	20	03:46:12	179	GOODIN	ANDREW	Nepean	MA	162	00:40:49	152	01:47:50	164	01:17:33
164	3	03:46:14	59	MCCALDON	ROBERT	Hardington	MH	171	00:41:40	153	01:47:51	158	01:16:44
165	3	03:46:39	47	TRANMER	JOAN	KINGSTON	FD	148	00:39:54	112	01:43:40	201	01:23:05

1993 Kingston Triathlon -- Long Course

O/A	Cat	Finish	Bib	Surname	Firstname	City	Cat	Pos	Swim	Pos	Bike	Pos	Run
166	4	03:46:58	204	ATTWOOLL	RICHARD	Whitby	MF					102	01:10:47
167	28	03:47:00	213	MILLER	HOWARD	Montreal	MC	199	00:44:12	146	01:46:44	153	01:16:04
168	15	03:47:43	668	TESSA'S TEAM			TO	210	00:45:09	197	01:53:36	86	01:08:58
169	5	03:48:17	189	FARQUHAR	DON	North Bay	MF	173	00:41:59	135	01:45:43	182	01:20:35
170	21	03:48:51	103	LAPOINTE	SYLVAIN	Ottawa	MD	90	00:34:59	209	01:54:52	176	01:19:00
171	15	03:48:55	285	MILLMAN	C.	C.F.B. St.-Jean	MJ	97	00:36:05	239	02:00:59	113	01:11:51
172	21	03:49:18	169	HUBBARD	PAUL	Kingston	MA	117	00:37:39	162	01:48:38	200	01:23:02
173	31	03:50:20	34	BROEKHOVEN	MIKE	Kingston	MB	77	00:34:23	123	01:44:23	248	01:31:34
174	22	03:50:56	129	LESARGE	JOHN	Kingston	MD	182	00:42:56	134	01:45:38	197	01:22:22
175	16	03:51:00	671	R.M.C. BEACH BUMS			TO	191	00:43:29	220	01:56:55	99	01:10:36
176	22	03:51:07	113	VARTY	JOHN	Kingston	MA	99	00:36:25	193	01:53:09	190	01:21:33
177	2	03:51:13	26	BLACKADDER SHOANA		Ont.	FA	157	00:40:33	236	02:00:50	88	01:09:50
178	6	03:51:23	163	MINICUCCI	BARB	Kingston	FB	184	00:43:03	194	01:53:09	145	01:15:11
179	8	03:51:50	41	MILLS	ROGER	Ottawa	ME	144	00:39:44	173	01:50:20	193	01:21:46
180	29	03:52:13	130	WOOD	BARRY	Kingston	MC	189	00:43:16				
181	6	03:52:21	273	STATTON	D.	C.F.B. Gagetown	MK	50	00:32:12	166	01:49:21	245	01:30:48
182	16	03:52:29	277	CHALLENGER	S.	C.F.B. NDHQ	MJ	160	00:40:43	129	01:45:09	229	01:26:37
183	4	03:52:33	55	GATI	JOE	Oshawa	MG	155	00:40:20	202	01:54:27	167	01:17:45
184	32	03:52:35	146	BURKE	NEIL	Kingston	MB	227	00:47:09	159	01:48:20	159	01:17:06
185	7	03:52:39	506	JOHNSTON	GILLIAN	Willowdale	FB	200	00:44:18	183	01:51:53	156	01:16:29
186	17	03:52:41	673	THE LAST MINUTE CLUB			TO	140	00:39:28	150	01:47:20	222	01:25:53
187	17	03:53:24	274	MONTREUIL		C.F.B. Petawawa	MJ	137	00:39:23	148	01:47:08	230	01:26:53
188	30	03:53:35	122	MARTIN	IAIN	Kingston	MC	252	00:51:05	224	01:57:30	56	01:05:00
189	31	03:53:39	56	COOPER	WILLIAM	Harrowsmith	MC	190	00:43:24	105	01:43:12	231	01:27:00
190	2	03:53:47	123	PINK	JENNIFER	Sudbury	FC	166	00:40:53	235	02:00:47	115	01:12:00
191	6	03:54:10	120	BROWN	JAMES	Kingston	MF	103	00:36:56	199	01:53:49	204	01:23:24
192	18	03:54:29	295	CLASSEN	P.J.	C.F.B. Kingston	MJ	201	00:44:22	188	01:52:31	165	01:17:36
193	33	03:54:31	44	SIEPELINGA	JOHN	Kingston	MB	232	00:47:27	182	01:51:40	146	01:15:25
194	32	03:54:33	229	CLARK	RON	Ottawa	MC	170	00:41:06	163	01:48:56	212	01:24:31
195	3	03:54:40	112	STOTT	JUDY	Kingston	FA	214	00:45:26	219	01:56:39	118	01:12:35
196	23	03:54:47	121	YENDT	JOHN	Kingston	MD	208	00:45:02	179	01:51:11	175	01:18:34
197	4	03:55:51	662	TRICOLOUR TRIPLE SEC			TM	147	00:39:53	242	02:02:05	129	01:13:54
198	7	03:56:06	110	FRANCIS	IRV	Cornwall	MF	152	00:40:08	178	01:50:52	217	01:25:06
199	24	03:56:34	27	JOHNSTON	CHARLES	Ajax	MD	169	00:41:04	154	01:48:00	235	01:27:30
200	34	03:56:36	135	GARNHUM	PHILLIP	Kingston	MB	238	00:48:38	207	01:54:41	124	01:13:18
201	5	03:56:40	212	BELL	PETER	Sharbot Lake	MG	243	00:49:32	164	01:48:58	171	01:18:10
202	9	03:56:44	140	ANDREW	DAVID	Kingston	ME	217	00:45:53	175	01:50:21	180	01:20:30
203	10	03:57:00	209	KEMP	TOM	Carleton Place	ME	262	00:52:09	177	01:50:47	132	01:14:04
204	8	03:57:16	225	COLLINS	JOHN	Oshawa	MF	277	00:55:44	169	01:49:49	112	01:11:43
205	19	03:57:42	276	WOOD	D.	C.F.B. London	MJ	220	00:46:40	192	01:52:44	172	01:18:17
206	25	03:57:51	183	LAPOINTE	DANIEL	Laval	MD	231	00:47:26	172	01:50:15	179	01:20:10
207	20	03:57:55	275	PARKINSON		C.F.B. London	MJ	272	00:54:25	181	01:51:38	114	01:11:52
208	33	03:57:57	214	KOTT	IAN	Montreal	MC	176	00:42:12	218	01:56:38	177	01:19:06
209	18	03:58:01	660	SCHOOL OF ENGLISH			TO	228	00:47:11	189	01:52:32	173	01:18:18
210	23	03:58:20	33	SPIES	MARK	London	MA	180	00:42:49	195	01:53:22	196	01:22:09
211	8	03:58:31	125	UPTON	ERIKA	London	FB	128	00:38:47	156	01:48:07	249	01:31:36
212	34	03:58:33	126	TIPPING	BRIAN	London	MC	159	00:40:38	117	01:43:57	258	01:33:58
213	7	03:58:36	291	LABBE	S.	C.F.B. Kingston	MK	273	00:54:29	238	02:00:58	40	01:03:09
214	35	03:58:38	188	MCDANIELS	KARIM	Ottawa	MC	207	00:44:57	174	01:50:20	203	01:23:21
215	9	03:59:01	37	GOODWIN	CARRIE	Ottawa	FB	126	00:38:39	167	01:49:30	247	01:30:00
216	35	03:59:14	111	BLACK	STEVEN	Kingston	MB	123	00:38:27	90	01:41:53	267	01:38:54
217	26	03:59:22	89	MARSHALL	DAVID	Montreal	MD	215	00:45:31	201	01:54:22	178	01:19:29
218	5	04:00:19	650	FEAT OF D'S			TM	156	00:40:23	190	01:52:33	234	01:27:23
219	1	04:01:24	195	BURKE	VIOLA	North Bay	FE	229	00:47:12	187	01:52:28	192	01:21:44
220	6	04:01:31	92	NORRIS	WINSTON	Kingston	MG	134	00:39:16	168	01:49:39	253	01:32:35

## 1993 Kingston Triathlon -- Long Course

Cat	Finish	Bib	Surname	Firstname	City	Cat	Pos	Swim	Pos	Bike	Pos	Run	
221	7	04:02:42	109	KIRBY	DON	Oshawa	MG	250	00:50:40	160	01:48:23	207	01:23:39
222	1	04:03:51	32	CREBER	DIANE	Odessa	FG	193	00:43:40	215	01:55:39	213	01:24:32
223	8	04:03:59	232	KENNEDY	JIM	C.F.B. Kingston	MK	75	00:34:17	185	01:52:13	265	01:37:29
224	36	04:04:14	97	MOREL	DENIS	Hartington	MC	258	00:51:29	231	01:59:59	120	01:12:46
225	36	04:04:41	82	BISHOP	JONATHAN	Toronto	MB	221	00:46:41	214	01:55:37	198	01:22:23
226	9	04:04:51	68	VOWLES	TREVOR	Kingston	MF	244	00:49:46	180	01:51:14	208	01:23:52
227	11	04:04:59	172	MCISAAC	GARY	Oakville	ME	249	00:50:34	196	01:53:27	185	01:20:58
228	27	04:06:01	99	PRICE	BOB	Scarborough	MD	143	00:39:40	191	01:52:42	256	01:33:39
229	8	04:06:42	190	MOHAUPT	WOLFGANG	Ottawa	MG	204	00:44:39	230	01:59:56	195	01:22:08
230	4	04:06:58	279	LAROCQUE	M.	C.F.B. NDHQ	FJ	209	00:45:04	206	01:54:37	233	01:27:17
231	3	04:07:20	133	BRIARD	KAREN J.	Ajax	FC	96	00:36:01	240	02:01:06	242	01:30:14
232	19	04:07:41	666	H.M.C.S. ONT	OLDTIME		TO	281	00:56:33	249	02:03:41	73	01:07:28
233	21	04:08:13	290	DURAND	J.	C.F.B. St.-Jean	MJ	129	00:38:52	223	01:57:20	252	01:32:01
234	37	04:09:19	119	McKEOWN	STEVEN	Pickering	MC					214	01:24:37
235	4	04:09:32	149	JANISSE	DEBBIE	Carlsbad Spring	FC	234	00:47:29	216	01:55:54	223	01:26:09
236	5	04:09:39	165	COADY	GAIL	Kingston	FC	280	00:56:21	226	01:58:11	143	01:15:07
237	2	04:10:11	13	SMITH	LORNA ANNE	Oshawa	FE	203	00:44:36	259	02:07:59	166	01:17:36
238	38	04:11:06	45	SIM	DARRELL	Nepean	MC	266	00:52:45	184	01:51:53	227	01:26:28
239	5	04:11:19	269	GILEAD	C.	C.F.B. Shilo	FJ	225	00:47:02	237	02:00:51	205	01:23:25
240	37	04:12:28	199	BALL	BRAD	Kingston	MB	216	00:45:37	234	02:00:32	226	01:26:19
241	39	04:12:29	157	BYKIV	RONALD	Oshawa	MC	237	00:48:34	225	01:58:05	221	01:25:50
242	22	04:13:03	294	LEE	C.	C.F.B. Kingston	MJ	224	00:47:00	254	02:05:32	181	01:20:31
243	28	04:13:19	69	JEFFRYES	LESLIE	Hon	MD	175	00:42:03	243	02:02:21	238	01:28:56
2	10	04:13:28	194	ENGLISH	JIM	Ottawa	MF	165	00:40:53	252	02:04:32	236	01:28:04
245	20	04:13:35	665	H.M.C.S. ONT	NEWCOME		TO	194	00:43:42	267	02:16:05	125	01:13:47
246	9	04:14:15	67	SHAFIR	MAX	Toronto	MG	223	00:46:52	229	01:58:59	237	01:28:24
247	12	04:14:17	127	EDWARDS	MICHAEL	Kingston	ME	256	00:51:24	222	01:57:13	220	01:25:40
248	40	04:15:00	93	REID	KIRK	Ottawa	MC	254	00:51:09	208	01:54:45	240	01:29:05
249	29	04:15:57	94	PACE	RONALD	Kingston	MD	230	00:47:19	203	01:54:27	259	01:34:10
250	13	04:16:06	115	MADDAMS	ROSS	Kingston	ME	247	00:50:03	241	02:01:54	210	01:24:09
251	41	04:18:17	150	JANISSE	DALE	Carlsbad Spring	MC	261	00:52:02	204	01:54:30	250	01:31:45
252	1	04:18:47	114	MASKELL	DAVE	Hartington	MI	218	00:46:03	221	01:57:10	260	01:35:34
253	2	04:20:25	217	MURRAY	ANDREANNE	Kingston	FK	276	00:55:43	247	02:03:36	188	01:21:05
254	23	04:20:56	259	NEAL	T.	C.F.B. St.-Jean	MJ	246	00:50:02	258	02:07:39	202	01:23:14
255	30	04:21:14	117	WING	JAMES	Kingston	MD	239	00:48:49	255	02:06:16	224	01:26:09
256	1	04:22:19	60	MCCALDON	JANE	Hartington	FH	260	00:51:40	251	02:04:24	225	01:26:15
257	38	04:23:14	72	WATT	DAVID	Kingston	MB	245	00:49:49	245	02:03:32	241	01:29:53
258	10	04:23:57	509	MISKELL	CHRISTINE	Ottawa	FB	270	00:53:42	198	01:53:46	264	01:36:30
259	10	04:24:32	134	PETTY	JOHN	Shawville	MG	284	00:58:57	227	01:58:26	232	01:27:09
260	1	04:24:46	898	CADOTTE-FEARN	CONSTANCE	Toronto	XX	257	00:51:26	260	02:08:18	216	01:25:02
261	42	04:24:58	136	McCLENAGHAN	RICK	Ajax	MC	226	00:47:06	250	02:04:07	257	01:33:46
262	11	04:25:54	158	SINGLETON	TERRY	Oakville	MF	211	00:45:16	210	01:55:13	273	01:45:26
263	24	04:26:02	98	PRADHAN	KEITH	Toronto	MA	74	00:34:13	244	02:03:23	274	01:48:26
264	24	04:27:31	287	EDISON	C.	C.F.B. St.-Jean	MJ	268	00:53:08	211	01:55:25	268	01:38:58
265	11	04:27:31	231	STEGlich	BERNHARD	Kingston	MG	271	00:54:21	233	02:00:25	254	01:32:45
266	39	04:27:47	62	MACLEAN	PETER	Ottawa	MB	206	00:44:56	246	02:03:35	269	01:39:16
267	25	04:28:09	51	BEAL	JOHN	Kingston	MA	278	00:56:09	253	02:05:31	228	01:26:29
268	4	04:29:27	507	HOPE	TERRIE	Toronto	FD	275	00:55:22	248	02:03:37	243	01:30:28
269	3	04:30:25	65	BULCH	VIRGINIA	Kingston	FE	233	00:47:27	262	02:09:49	255	01:33:08
270	6	04:30:27	185	GARRY	GLENDA	Toronto	FC	265	00:52:44	265	02:13:19	211	01:24:24
271	11	04:31:33	64	PESKETT	DEBRA	Perth	FB	269	00:53:19	256	02:07:27	244	01:30:47
272	7	04:33:22	208	SAUVE	ANNE	Toronto	FC	255	00:51:15	268	02:16:32	219	01:25:36
273	43	04:34:01	503	QUINN	WARREN	Mississauga	MC	241	00:49:04	261	02:09:02	261	01:35:55
274	2	04:35:03	897	TRACY	CATHERINE	Thornhill	XX						
275	25	04:35:15	284	BERGERON	P.	C.F.B. St.-Jean	MJ	279	00:56:11				

1993 Kingston Triathlon -- Long Course

O/A	Cat	Finish	Bib	Surname	Firstname	City	Cat	Pos	Swim	Pos	Bike	Pos	Run
276	40	04:35:16	61	MUNFORD	STEPHEN	Burlington	MB	222	00:46:49	264	02:12:22	262	01:36:05
277	44	04:43:42	118	BEAZER	BILL	Elginburg	MC	267	00:53:07	263	02:10:54	270	01:39:42
278	8	04:46:52	181	PILLINGER	CATHIE	Scarborough	FC	253	00:51:06	270	02:17:30	266	01:38:16
279	26	04:49:27	504	MUNRO	ARTHUR	Kingston	MA	285	00:59:28	276	02:25:22	215	01:24:38
280	31	04:49:28	87	SARGEANT	BERNIE	Kingston	MD	263	00:52:13	269	02:16:56	272	01:40:18
281	21	04:51:59	658	THE UNFORGIVEN			TO	212	00:45:18	257	02:07:34	279	01:59:08
282	5	04:53:03	228	SHEPERD	LYNN	Newburgh	FD	264	00:52:40	275	02:24:07	263	01:36:16
283	6	05:02:24	293	MCDONALD	P.	C.F.B. Kingston	FJ	283	00:58:10				
284	9	05:07:19	280	BARTEAUX	B.B.	C.F.B. NDHQ	MK						
285	2	05:08:43	36	WEBERG	EGON	P.O. Box 2452	P MI	287	01:05:00	266	02:14:20	275	01:49:22
286	12	05:08:58	43	ROMERO-SIERRA	EVA	Kingston	FB	288	01:05:28	274	02:23:29	271	01:40:00
287	4	05:14:13	66	SHAW	JULIA	Kingston	FA	274	00:54:32	273	02:21:20	278	01:58:21
288	13	05:14:14	58	NIZAMI	YASMIN	Kingston	FB	282	00:57:49	271	02:18:05	277	01:58:20
289	26	05:17:41	233	HENDERSON	KAREN	Burnaby	MJ	286	01:01:50	272	02:20:45	276	01:55:06
290	10		261	NADON	J.	C.F.B. Borden	MK						
291	11		268	RENNETT	W.	C.F.B. Washingt	MK						
292	41		85	BOURGEOIS	NORMAN	Gloucester	MB						
293	27		81	CAHLENDER	SCOTT	Orleans	MJ						
294	7		288	SCHNEIDER	K.	C.F.B. St.-Jean	FJ						
295	42		138	POLLEY	MARK	Toronto	MB						
296	45		137	DUFF	DAVID G.	Toronto	MC						
297	3		218	MURRAY	A.	C.F.B. Kingston	FK						
298	43		206	BIRCHARD	ANDREW	Belleville	MB						
299	5		12	MCALLISTER	LYNNE	Burlington	FA	31	00:31:18				
300	46		49	FELLOWS	BILL	Kingston	MC						
301	27		106	HALL	JOHN	Dundas	MA	73	00:34:07	45	01:35:19		
302	44		513	DOWSLEY	TAYLOR	Kingston	MB						
303	12		95	HOEKSMAN	WOLFGANG	Chatham	MF	240	00:49:00				
304	6		215	CRAWFORD	LIANNE	Kingston	FA	37	00:31:39				
305	14		154	YOUNG	GARY	Peterborough	ME	197	00:44:03				